



FLORIDA STATE UNIVERSITY

**Drug-Free Schools and Communities Act (DFSCA) &
Drug and Alcohol Abuse Prevention Regulations**

Fall 2020 - Spring 2021 - Summer 2021

Fall 2021 - Spring 2022 - Summer 2022

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Introduction

The 2022 Drug Free Schools and Communities Act biennial report covers the 2020 – 2021 and 2021 – 2022 academic years. The report is prepared to meet the requirements of the 1989 amendments to the Drug-Free Schools and Campuses Act, as articulated in Part 86, the Drug-Free Schools and Campuses Regulations. The Act requires Institutions of Higher Education (IHE) to:

- 1) Prepare a written policy on alcohol and other drugs;
- 2) Develop a sound method for distribution of the policy to every student and IHE staff member each year; and
- 3) Prepare a biennial report on the effectiveness of its alcohol and other drug (AOD) programs and the consistency of policy enforcement.

The biennial review of the programs and policies has two objectives:

- 1) To determine the effectiveness of, and to implement any needed changes to, the AOD program; and
- 2) To ensure that disciplinary sanctions for violating standards of conduct are enforced consistently.

This report includes the prevention, education, counseling and disciplinary programs and activities conducted by the University community as well as relevant data collected on student knowledge, behavior, attitudes and perceptions. The document is prepared by the Center for Health Advocacy and Wellness in University Health Services.

Annual Policy Notification Process

The current Biennial Review can be found on the FSU Center for Health Advocacy and Wellness website: <https://chaw.fsu.edu/about/annual-reports>. Federal law requires that the university keep these biennial reports for up to three (3) fiscal years.

According to the regulations, the annual notification to students, staff and faculty must include:

- Standards of conduct that prohibit unlawful possession, use or distribution of drugs and alcohol on its property or as a part of its activities.
- Description of the sanctions for violating federal, state, and local law and campus policy
- Possible legal sanctions and penalties
- Description of the health risks associated with AOD use
- Description of treatment options available to students, faculty and staff

STUDENTS

The University Alcohol Policy is defined under FSU Regulation [6C2R-6.012 Alcohol Policy](#). The University Alcohol Policy includes information on illicit drug use. The Alcohol Policy is referenced in the [Student Handbook](#), [Student Code of Conduct](#), [Student Organization Conduct Code](#), [Undergraduate and Graduate General Bulletins](#), and the [FSU Guide to Residential Living](#).

Students receive digital copies of the above prior to Orientation, at Orientation, during course registration, when they move into housing, when they join a registration organization, and when they complete a mandatory prevention education module within the first month of enrollment.

FACULTY AND STAFF

Faculty and staff receive the [*Statement for Faculty and Staff on the Unlawful Possession, Use, Or Distribution of Illicit Drugs and Alcohol*](#) and the [University Alcohol Policy 6C2R-6.012 Alcohol Policy](#). The [*Statement for Faculty and Staff on the Unlawful Possession, Use, Or Distribution of Illicit Drugs and Alcohol*](#) includes a listing of disciplinary sanctions the institution may impose if an employee violates the “Drug Free Workplace” Policy. The statement also includes a description of applicable counseling, treatment, rehabilitation or re-entry programs available.

The University Alcohol Policy includes information on illicit drug use.

These documents are shared with faculty and staff during New Employee Orientation and are references in the [Faculty Handbook](#) and listed on the Human Resources website.

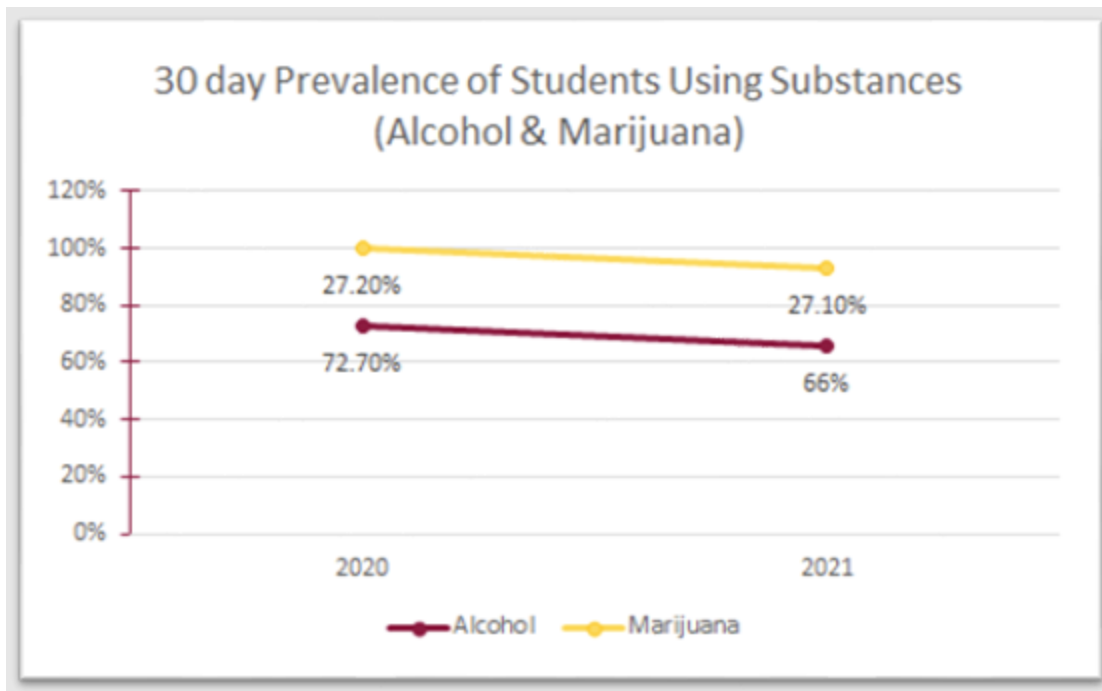
AOD Prevalence Rate, Incidence Rate, and Trend Data

During this biennial period, the Center for Health Advocacy and Wellness continued its implementation of the American College Health Assessment National College Health Assessment (ACHA-NCHA) survey. The NCHA survey was administered in Spring 2020 and Spring 2021. Due to changes in the instrument, tobacco prevalence rates are reported differently in the NCHA-III and are reflected in a separate table in this review. Relevant data points are presented below.

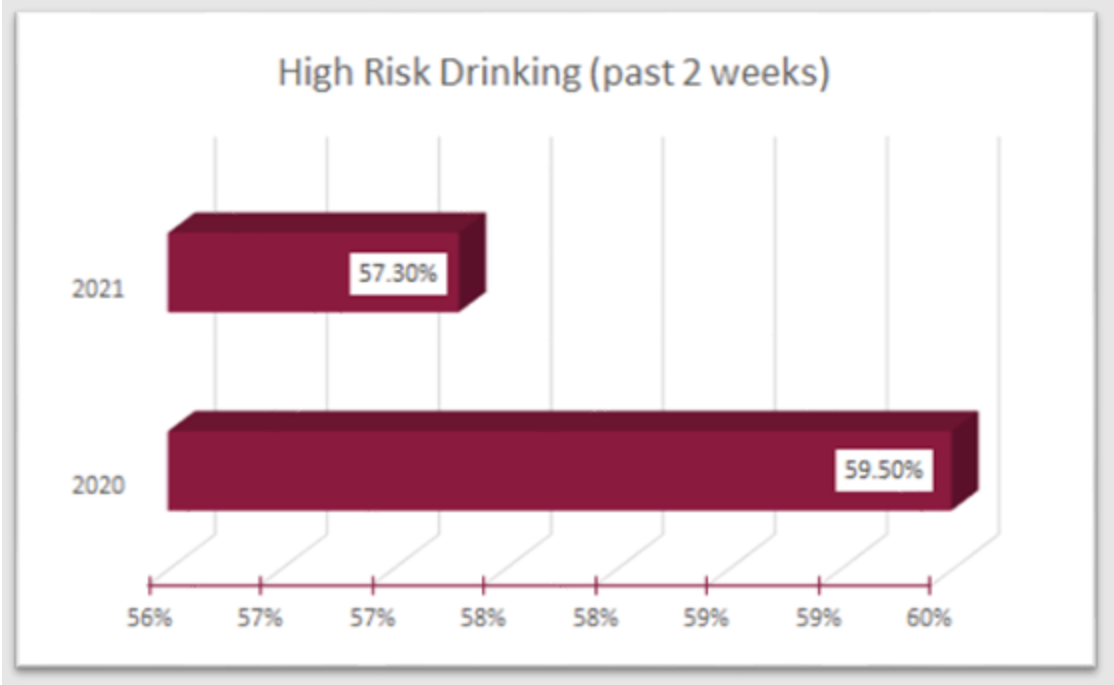
ACHA-NCHA Data 2020-2021

2020 response rate 13.86; 2021 response rate 8.56%.

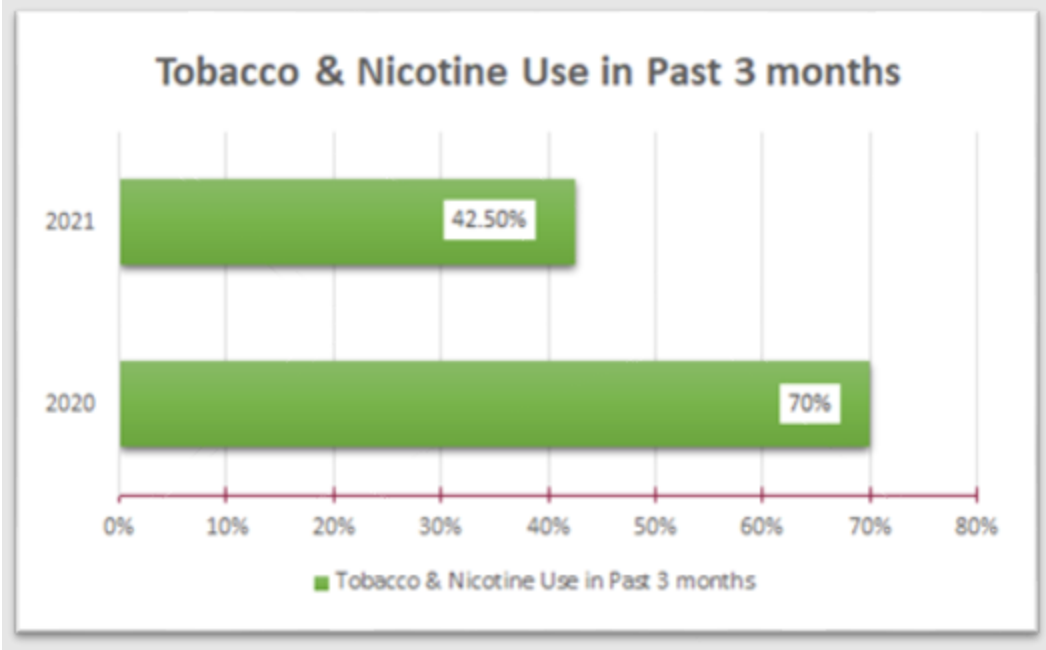
Prevalence Rates (alcohol and marijuana) in the last 30 days



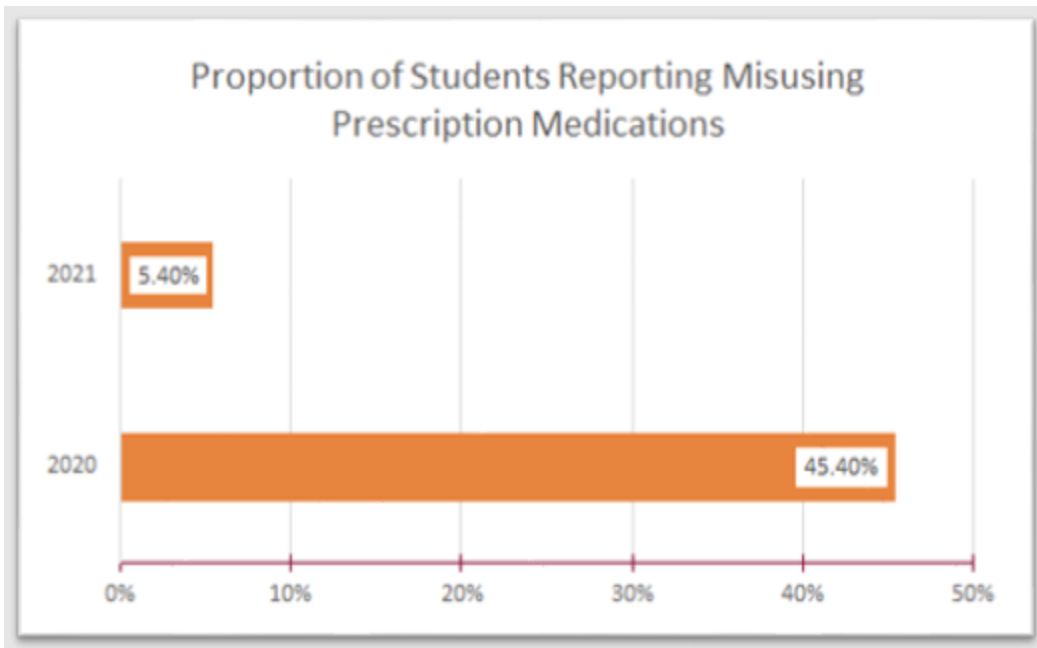
Percentage of high risk drinking the last two weeks



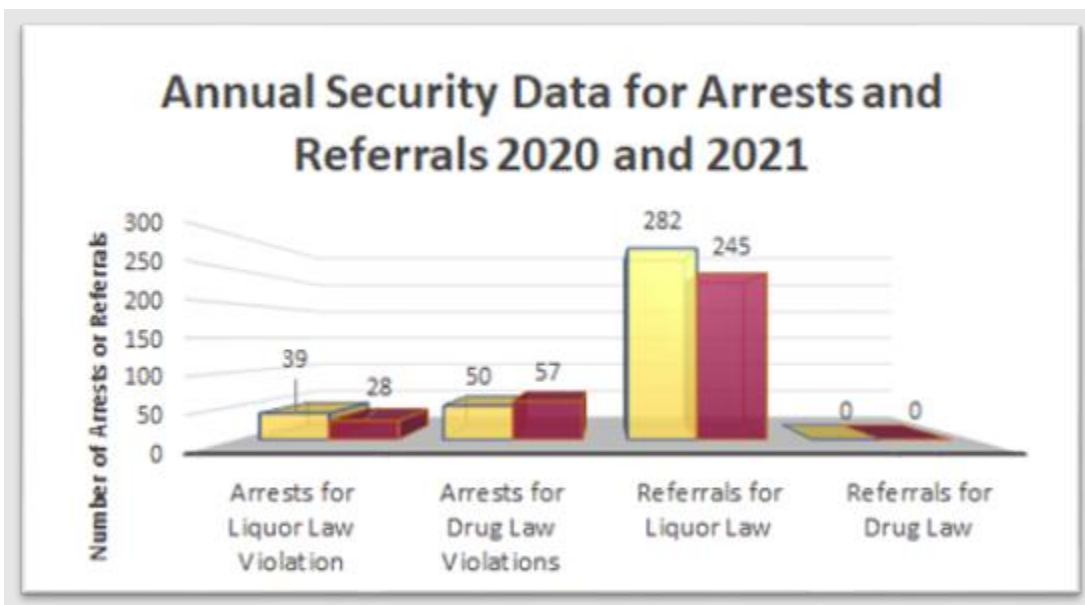
Tobacco and Nicotine Use Data (last 3 months)



NCHA-III: Proportion of students (overall sample) who report misusing prescription medications (taking without a prescription, or taking more medication or more often than prescribed) in the past 3 months



During this biennial period, FSU releases an annual Campus Security Report. The report includes arrests and referrals for Liquor Law Violations and Drug Law Violations for reporting years 2020 and 2021. See relevant data point for the Tallahassee Main Campus.



AOD Policy, Enforcement & Compliance Inventory & Related Outcomes/Data

University Regulations

FSU-6.012 Alcohol Policy	
Responsible Office	Department of Student Conduct and Community Standards for individual student and student organization cases, and the Dean of Faculties for faculty related violations. Enforcement of the alcohol policy for all other groups, including outside groups, organizations, and individuals shall reside in the Vice President for University Relations.
Link:	https://regulations.fsu.edu/regulations/adopted-regulations
4-OP-B-7 University Smoking Policy	
Responsible Office	Vice President for Finance and Administration
Link:	https://regulations.fsu.edu/policies-and-procedures/facilities-space/university-smoking-policy

Policies (primarily related to employees or the community):

Statement for Faculty and Staff on the Unlawful Possession, Use, Or Distribution of Illicit Drugs and Alcohol	
Responsible Office	Employee Labor Relations-Human Resources
Link:	https://hr.fsu.edu/hr-forms/drug-policy
Commercial Driver's License (CDL) Drug and Alcohol (D&A) Testing Program	
Responsible Office	Employee Labor Relations-Human Resources
Link:	https://hr.fsu.edu/sections/employee-labor-relations/elr-drug-alcohol
FSU-4.070 Guidelines for Disciplinary Action	
Responsible Office	Employee Labor Relations-Human Resources
Link:	https://hr.fsu.edu/sections/employee-labor-relations/disciplinary-guidelines

Policies (primarily related to university students):

Student Conduct Code	
Responsible Office	Department of Student Conduct and Community Standards

Link:	https://sccs.fsu.edu/conduct-codes/student-conduct-codes
Student Organization Conduct Code	
Responsible Office	Department of Student Conduct and Community Standards
Link:	https://sccs.fsu.edu/conduct-codes/student-organization-conduct-code
Guide to Residence Living	
Responsible Office	University Housing
Link	https://housing.fsu.edu/current-residents/housing-booklets/

AOD Comprehensive Program/Intervention Inventory & Related Process and Outcomes/Data

Florida State University has adopted the comprehensive 3-in-1 framework outlined in the NIAAA report “A Call to Action: Changing the Culture of Drinking at U.S. Colleges” by addressing alcohol issues on an individual, campus, and greater community level. These three levels are then categorized in 4 different areas of strategic intervention:



FSU’s Alcohol Abuse Prevention Programs and Activities

Environmental Management

The environmental management strategy has five main goals:

1. Provide alcohol and drug-free options.
2. Students’ misconceptions of other students’ drug and alcohol consumption are corrected to reflect actual norms.
3. Alcohol availability is restricted in general and especially to only those of age.
4. Alcohol promotion or advertisement is banned or restricted.
5. Federal, state, and campus regulations are consistently enforced. Listed below are the following programs and activities FSU has implemented to address these 5 goals.

Online Resources

A website created by FSU to provide information, resources, linkage to services, and a listing of FSU’s alcohol policy.

- See link: <https://chaw.fsu.edu/topics/alcohol>

Amnesty Policy

The University’s highest priority is the physical and mental health and safety of students and members of the University community. Therefore, no student seeking assistance for themselves or others as a result of a hazing incident, intoxication, or medical emergency from alcohol or other drugs will be charged with violation of the alcohol, controlled substances, and illegal drug or hazing provisions of the Code if: the student calls local or University law enforcement or medical assistance; the student cooperates fully with University, law enforcement, and medical personnel as applicable; and the student remains at the scene with the person in need until assistance has arrived.

Garnet and Gold Tailgate

Available to all students, this tailgate provides activities, food, and alcohol-free beverages before home and away football games. Sponsorship is provided by various FSU constituent groups.

S.A.F.E. Connection. (Student Alert Force Escort) Phone: (850) 644- SAFE (7233)

Hours: 8:00pm to 2:30am - Seven days a week. If you walk on campus at night, take precautions and call SAFE Connection for a SAFE escort. SAFE Connection provides service to residence halls, libraries and most other campus buildings. Get to know the SAFE escorts. That way, you will be walking with a friend.

Nite Nole

During the fall and spring semesters, Nite Nole provides students with a safe ride home from campus to points west and northwest. Transportation and Parking Services funds this no-fare transit service through a contract with Tallahassee.

Nole Cab

The Nole cab is a subsidized taxi that gives up to four passengers a cab ride inside a designated zone for a nominal fee. The only requirement is one of the passengers must be a current student with a valid FSU ID Card.

Prevention/ Health Promotion

The prevention and health promotion strategy looks to educate students on the benefits of healthier choices, as well as help students better understand the implications of their choices. The following are FSU's programs targeting healthier living and the prevention of high-risk alcohol related behavior.

Alcohol EDU

Alcohol Edu is an on-line alcohol education program mandated to be completed by all first-year students. This program includes individualized feedback on student's drinking behaviors, challenging myths related to alcohol, and strategies to avoid high risk drinking behavior.

Smart Choices

An alcohol/drug harm-reduction program for FSU students provided to individuals or in a small group format.

- BASICS (Brief Alcohol Screening for College Students) is an individually delivered alcohol abuse prevention program for college students, empirically supported by rigorous research.
- CHOICES is the group-delivered intervention modeled after the Alcohol Skills Training Program (ASTP), a program with evidence of effectiveness with college students.

Year	Students Completing Smart Choices as an Educational Outcome
20/21	101
21/22	353

Estimated Blood Alcohol Cards

Wallet sized cards are handed out at freshman orientation and at Center for Health Advocacy and Wellness outreach events to help students gauge how drinks can affect their blood alcohol level.

Healthy Noles Peer Educators

Healthy Noles peer health educators advocate for and promote health and wellness of all students in a variety of topic areas, including alcohol and drugs use.

Health Hut

Several times each semester, campus events are held to provide education on healthy living including strategies to avoid high risk drinking

Risk Management for Fraternity and Sorority Life Organizations

Each semester all new Risk Management Officers attend a risk management session addressing high risk behaviors.

Educational Workshops and Facilitated Discussions

Provided by the Center for Health Advocacy and Wellness, these programs are designed to help students make healthy decisions. High-risk groups are targeted to receive these presentations including Fraternity and Sorority Life students and Athletics.

University Residence Hall Safety Week

Members of University Housing staff and resident students plan and implement an annual safety and security week to educate students about crime prevention. Activities include programs, informational flyers, and unique initiatives for each hall.

Adopt-A-Community Oriented Policing Program

The Florida State University Police Department recognizes that in order to reduce the impact of crime on the campus, it is necessary to build rapport with students, particularly those in-residence halls. Through close contact with campus residents in a non-confrontational atmosphere, crime prevention concepts and interactions with law enforcement officers are greatly enhanced. Officers, through their efforts in community policing within residence halls, have become more approachable to residents. This approachability enhances lines of communication between the police and students, thereby facilitating the exchange of information and person-to- person relationships.

Counseling & Psychological Services (CAPS)

Counseling & Psychological Services (CAPS) provides educational programs upon request.

Knowledge & Attitudes

The following is a list of policies and programs that describe how FSU conveys our values regarding alcohol and other drug use.

SeminoleSAFE Mobile App

The SeminoleSAFE app is your official mobile safety tool from Florida State University that includes emergency resources, alerts, and safety tips.

Campus Emergency Response Volunteers (CERV)

CERV (Campus Emergency Response Volunteers) is a volunteer program that offers training throughout the year that can support campus public safety initiatives and response effort.

Traffic Education and Enforcement at Florida State

The Florida State University Police Department employs specific and directed traffic enforcement aimed at DUI, speeding, aggressive driving, and unbuckled motorists. The FSUPD employs the use of sobriety checkpoints, DUI saturation patrols, as well as seatbelt and speeding enforcement campaigns. As a member of the Leon County Multi-Agency DUI Strike Force, FSUPD has zero tolerance for impaired drivers. "Drive Sober or Get Pulled Over."

Student Leaders

FSU has several student-led councils who disseminate messages about responsible behavior.

Redefinition of the College Experience

From Orientation to campus events, to online resources, FSU defines the college experience based on the pillars of academic excellence, community improvement, and professional development.

University Expectations

Responsible Citizenship: During orientation, all incoming first year students attend a presentation on academic integrity, and Seminole creed: truthfulness, respect, excellence, freedom of speech and inquiry, diversity, justice, citizenship, and discovery.

Know your Role: All new undergraduate students must complete a pre-orientation online course, which outlines Responsible Freedom (RF). RF outlines the right to justice and public order as well as the responsibility to protect the rights and privileges of fellow community members

Alcohol EDU: All incoming freshman and transfer students are expected to complete Alcohol EDU

FSU Alcohol Policy: See above.

Treatment and Recovery

The use of therapy, medication management, support services, and referrals to help individuals once a problem has been identified.

Counseling & Psychological Services (CAPS)

CAPS provides alcohol and drug evaluation, utilizes brief motivational interviewing and provides ongoing therapy and referrals. All mandated students who are arrested or charged with a conduct violation for the second time are referred for an Alcohol Other Drug evaluation at CAPS. CAPS provides numerous voluntary therapy groups and substance abuse is a recurring theme.

Medical Services

Housed in University Health Services, medical services are available to all students.

Employee Assistance Program (EAP)

To staff and faculty, EAP provides identification/assessment services, short-term intervention, as well as referrals. EAP offers biweekly support groups for individuals needing substance abuse management. EAP also distributes annual posters informing faculty of their services.

Other Clinics on Campus

The Psychology Clinic, the Human Services Clinic, and the Couple's & Family Clinic all provide evidence-based treatment facilitated by graduate students or faculty.

AA/NA meetings

Numerous meetings are available in the community

Referrals

EAP, CAPS, Dean of Students Case Managers, and University Health Services staff provide referrals to university community members for more intensive services in the community.

Living Intentionally, Finding Togetherness (LIFT)

The mission of LIFT is to support students interested in recovery from addiction and substance misuse thrive during their college experience. LIFT views the process of recovery as "an individualized, intentional, dynamic, and relational process involving sustained efforts to improve wellness" (Recovery Science Research Collective, 2020). Students learn beneficial coping skills in an accountable recovery community where they can develop friendships with like-minded peers.

AOD SWOT Analysis

Strengths

The NIAAA recommends strategies on the individual and environmental level across various levels of effectiveness.

Current FSU Efforts: Individual Level Strategies

Higher Effectiveness	<ul style="list-style-type: none"> • Personalized feedback intervention: eCHECKUP TO GO • Brief motivational intervention In-person— Individual (e.g., BASICS) • Multi-component education-focused program: AlcoholEdu® • Screening and behavioral treatments
Moderate Effectiveness	<ul style="list-style-type: none"> • Brief motivational intervention (BMI): In-person—Group • Skills training, alcohol focus: Protective behavioral strategies alone • Skills training, alcohol plus general life skills or general life skills only: Generic/other

Current FSU Efforts: Environmental Level Strategies

Higher Effectiveness	<ul style="list-style-type: none"> • Personalized feedback intervention: eCHECKUP TO GO • Brief motivational intervention In-person— Individual (e.g., BASICS) • Multi-component education-focused program: AlcoholEdu® • Screening and behavioral treatments
Moderate Effectiveness	<ul style="list-style-type: none"> • Enact responsible beverage service training laws • Restrict alcohol sponsorship and advertising • Enact false/fake ID laws
Lower Effectiveness	<ul style="list-style-type: none"> • Conduct campus-wide social norms campaign

Areas of Improvement

The NIAAA recommends strategies on the individual and environmental level across various levels of effectiveness. The following are recommended strategies for implementation.

Recommendations: Individual Level Strategies

<p>Higher Effectiveness</p>	<ul style="list-style-type: none"> ● Normative re-education: Electronic/ mailed personalized normative feedback (PNF) <ul style="list-style-type: none"> ○ PNF programs provide all students with personalized information about their alcohol use in comparison with actual use by their peers ● Skills training, alcohol focus: Goal/ intention-setting alone <ul style="list-style-type: none"> ○ Students identified as having alcohol use problems set goals for limiting their alcohol use, based on their current drinking behaviors, other goals, and values. ● Personalized feedback intervention (PFI): Generic/other <ul style="list-style-type: none"> ○ PFI programs use a web-based assessment to generate graphic personalized feedback about students’ alcohol use, risks, expectancies, perceptions of social norms, and drinking motives
<p>Moderate Effectiveness</p>	<ul style="list-style-type: none"> ● Skills training, alcohol focus: Protective behavioral strategies alone <ul style="list-style-type: none"> ○ Protective behavioral strategies involve delivery of tips for minimizing or avoiding alcohol-related harms without any other intervention. ● Skills training, alcohol plus general life skills or general life skills only <ul style="list-style-type: none"> ○ These programs combine training in skills aimed at reducing alcohol use (e.g., drink refusal and moderation of alcohol use) with training in general life skills (e.g., stress management, coping, and lifestyle balance), or they provide training only in general life skills as a means of reducing alcohol use.

Recommendations: Environmental Level Strategies

<p>Higher Effectiveness</p>	<ul style="list-style-type: none"> ● Enforce age-21 drinking age (e.g., compliance checks) <ul style="list-style-type: none"> ○ Under this strategy, campuses and local and state government support and implement strong enforcement of the existing age-21 minimum legal drinking age ● Restrict happy hours/price promotions <ul style="list-style-type: none"> ○ Under this strategy, a campus or local or state government prohibits or restricts drink specials, such as the sale of two alcoholic beverages for the price of one, that encourage customers to drink more than they might otherwise.
<p>Moderate Effectiveness</p>	<ul style="list-style-type: none"> ● Enact false/fake ID laws <ul style="list-style-type: none"> ○ Under this strategy, local, state, and federal governments may enact laws to hold producers of fake IDs accountable for creating illegal identification products.